

WARRIOR LEADER COURSE GRADUATION REQUIREMENTS

1. Students must score 70 percent or higher on the following graduation requirements:

- a. Conduct Army Physical Readiness Training,
- b. Conduct Individual Training,
- c. Conduct Squad Drill,
- d. Communicate in Writing,
- e. Oral History Briefing,
- f. Two demonstrated Leadership Evaluations (garrison and tactical environment),
- g. Leadership Exam,
- h. Training Exam, and
- i. Warfighting Exam.

(REF: AR 350-1; TRADOC Reg 350-18; TRADOC Reg 350-10; and WLC CMP)

HT/WEIGHT IAW ALARACT 075/2007 EFFECTIVE 1 APRIL 2007

2. Soldiers flagged for weight control failure will not be selected, scheduled or attend institutional training. Once soldiers meet standards, they will be considered eligible for military schools and institutional training courses.

3. Soldiers attending military schools and institutional training courses, which require preparation of a DA Form 1059 (service school academic evaluation report), will be administered the height/weight screening as a mandatory course requirement. All students will be administered the initial height/weight on day zero at in-processing.

(1) One retest and/or screening is allowed. It will be administered no earlier than seven days after the initial height/weight standards.

(2) Soldiers who meet academic course requirements, but fail to meet the height/weight standards will not be removed from the course, nor will they be required to re-attend the course if all other course requirements are met. Instead, soldiers will complete training and their DA Form 1059 will be annotated to reflect their performance.

4. Soldiers who fail to meet the body fat composition standards of AR 600-9 will be considered an academic course graduate, but item 11.c. of their DA Form 1059 will be marked marginally achieved course standards and item 14 will be marked failed to meet body fat composition standards. If students meet HT/WT standards IAW AR 600-9 no paperwork is required. If HT/WT standards are not met, fill out a DA Form 5500-R for each student.

5. NCOAs Commandants will not add to the standards of AR 600-9 or the ALARACT by imposing any arbitrary percentages to the body fat composition.

6. NCOAs Commandants will arrange for students who fail the body fat composition and deem them to be a potential health risk, to be seen at the post DA Medical Center or Troop Medical Clinic for medical clearance. This is also a requirement for students who look unhealthy or unfit for meeting WLC standards. If medical clearance is denied then deny enrollment of student. If student is medically cleared, but is over fat on BF worksheet, see the standards and requirements in C above.

7. Soldiers attending NCOES (WLC) under a Temporary Underlying Medical Condition, (for example: a metabolic disorder) or who fails to meet the body fat composition standards IAW AR 600-9, as diagnosed by a Healthcare provider and is being treated by the Healthcare provider for this condition, can still attend the course. This condition does not limit the Soldier's physical limitations to complete the course and has the appropriate/approved paperwork IAW AR 40-501 and AR 600-9 will be exempt from receiving a Marginal 1059, upon completion of the course. The Soldier must present a memorandum during enrollment that states he/she is "Not medically cleared to participate in a weight control and exercise program" and "The Soldier has an underlying medical condition requiring treatment. The estimated time before Soldier can participate in the Army Weight Control Program (AWCP) is ____ months." This memorandum must be IAW AR 600-9, Fig 3-1 and signed by the appropriate personnel.